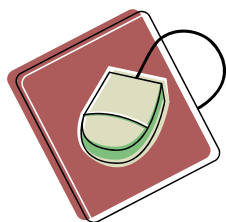


# HPTA Extracurricular Program Information

## Center, Elmwood, Hopkins and the Middle School (Grades 1-8)

### Winter Session 2012



Use our online registration system to enroll your children in our popular, affordable and convenient extracurricular classes. Go to [www.hptaonline.com](http://www.hptaonline.com) and click on "Programs" > "Extracurricular Classes" on the top pull-down menu to begin. Registration is available on a first-come first-served basis at all schools. At the time of online registration you will be able to see how many spots are left in each class. Please see the following pages for the list of classes, dates and costs. Our system accepts payments by VISA, MasterCard and eCheck.

**December 8 – December 15**

**Registration opens at 9:00 p.m. in the evening on December 8**  
**Early Bird Registration**

Discounted Rates for HPTA Members Only  
(\$15 off each class, except 2-day workshops)

*New members are welcome! You can sign up for membership online at the same time you sign up for extracurricular classes, so you won't miss out on the discount. Please note that during the last session, we received over 260 registrations within the first hour of Early Bird registration. Many classes fill quickly!*



**Online Extracurricular  
Registration Coordinator &  
Technical Support**

Amy Ritterbusch  
[extracurricular@hptaonline.com](mailto:extracurricular@hptaonline.com)  
508.625.0467

*Email/Phone Support Available*  
Dec 8: 9:00-11:00pm  
Dec 9: After 7:00am

**Friday, December 16 at 10:00 a.m.**  
**General Registration Begins**

All Classes are Full Price (no discounts)  
Open to Non-Members and Members

**Friday, January 6**  
**Last Day to Register for Extracurricular Classes**

**Week of January 17**  
**Winter Session Classes Begin**

#### **Waitlists**

If the class you want is full, please feel free to put your name on the waitlist. This helps us judge how much interest there is in each class. However, please be advised that the majority of people on a waitlist are NOT accepted into the class. We will contact you if you are first on the list and a spot becomes available.

#### **Important Extracurricular Policies:**

- All registrations requested after January 6 must be sent to [extracurricular@hptaonline.com](mailto:extracurricular@hptaonline.com), are subject to a \$50 late fee, will be reviewed by January 10, and are not guaranteed placement.
- If the HPTA cancels a class due to low enrollment you will receive a full refund or you will have the option of switching to another open class.
- No other refunds given except for medical issues. Medical refunds will be determined on a case-by-case basis.
- Refunds will be given by check by January 31, 2012.
- Prompt pick-up is required for participation in HPTA extracurricular classes. On the first occasion of pick-up occurring 15 or more minutes late, a warning will be given. An additional late pick-up will result in the child being withdrawn from the class, without refund, and the child will not be permitted to register for the following session of extracurricular classes.
- Extracurricular Discipline Policy: All children are expected to cooperate with the instructors and other children. Any child who is considered disruptive may be asked to leave after a conference with parents. The HPTA reserves the right to cancel enrollment, with no refunds, at any time due to disruptive behavior as determined by the instructor and HPTA.
- Financial Assistance: A limited number of full and partial scholarships are available. To apply for financial assistance, please contact the principal at your child's school by December 5 (three days before registration opens). All requests are strictly confidential.



**Teaming Up For Education**  
[www.hptaonline.com](http://www.hptaonline.com)

# HPTA Extracurricular Program Information

## Winter Session 2012

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### Center School (Grade 1 Only)

#### Center School Extracurricular Coordinators

Amy Mick [amymick@verizon.net](mailto:amymick@verizon.net) 508.435.2687

Michele Crowe [michelecrowe@verizon.net](mailto:michelecrowe@verizon.net) 508.435.5766

**BUS NOTES:** Parents must send a bus note to the Center School Office at the beginning of the session authorizing their child's participation in the class. From that point forward, a note must be sent only if a class will be missed.

**TIME:** 3:10-4:00 pm



### Monday Classes:

#### Dodgeball – F.A.S.T. Instructors

The most intense and exciting program you have ever seen! The students will learn how to work together, strategize and exercise without even knowing it! There are tons of creative and competitive dodgeball games incorporated into this program – there will never be a dull moment! Gatorskin dogeballs will be used which are proven to be the safest dodgeballs out there. Instructors will review safety rules and regulations before each class.

**Enrollment:** Minimum 8/Maximum 18

**Location:** Center School Gym

**Dates:** Mondays 1/23, 1/30, 2/6, 2/13, 2/27, 3/5, 3/12, 3/19 (8 sessions) [Snow Dates 3/26, 4/2]

**Time:** 3:10 – 4:00 pm

**Cost:** \$110 for HPTA members during Early Bird only (\$125 after Early Bird)

**NOTE:** The Center School gym is not currently usable. If the repairs are not completed by mid-January, the HPTA might need to cancel, shorten or prorata winter session classes normally held in the gym.

### Tuesday Classes:

#### Art Exploration - Kris Waldman, C.A.A Instructor

Your child will experience the excitement of discovering their creativity through the use of line, shape, texture, color and pattern. Fine and gross motor skills will be exercised through instruction in drawing, painting, collaging and sculpting. Taught by Kris Waldman, Mass. Certified Art Teacher for grades K - 12, college professor, and mixed media artist. Course fee includes all supplies.

**Enrollment:** Minimum 5/Maximum 20

**Location:** Center School Cafeteria

**Dates:** 1/17, 1/24, 1/31, 2/7, 2/14, 2/28, 3/13, 3/20 (8 sessions) [Snow Dates 3/27, 4/3]

**Time:** 4:10 – 5:00 pm\* – **IMPORTANT NOTE:** Students would be dismissed at the regular time and parents would need to bring them back to Center School at 4:10pm for this later afternoon class.

**Cost:** \$115 for HPTA members during Early Bird only (\$130 after Early Bird)

#### Little Singers – Enter Stage Left Theater Instructors

Is your child a budding diva or rock star? If so, our “Little Singers” class is for them! We will explore fun vocal warm ups, sing Broadway and popular song selections and engage in musical theater games. This is the perfect class for the child who loves to “perform” at home, and now they can have fun with peers and age appropriate vocal instruction. Each child will take home a CD of songs learned and will perform a short selection of songs at the last class for family and friends.

**Enrollment:** Minimum 5/Maximum 12

**Location:** Center School Library

**Dates:** Tuesdays 1/17, 1/24, 1/31, 2/7, 2/14, 2/28, 3/13, 3/20 (8 sessions) [Snow Dates 3/27, 4/3]

**Time:** 3:10 – 4:00 pm

**Cost:** \$110 for HPTA members during Early Bird only (\$125 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2012

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### Center School (continued)



#### Tuesday Classes (continued):

##### Super Sports – F.A.S.T. Instructors

Get up, get going, get active with a F.A.S.T. Athletics Super Sports Program! F.A.S.T. Athletics will offer a variety of sports each week such as: soccer, basketball, mat ball, dodgeball, and kickball. Programs will include proper stretching and warm-up games as well as learning basic skills of each sport. Each class will end with a high-energy game with the sport played that day.

**Enrollment:** Minimum 8/Maximum 18

**Location:** Center School Gym

**Dates:** Tuesdays 1/17, 1/24, 1/31, 2/7, 2/14, 2/28, 3/13, 3/20 (8 sessions) [Snow Dates 3/27, 4/3]

**Time:** 3:10 – 4:00 pm

**Cost:** \$110 for HPTA members during Early Bird only (\$125 after Early Bird)

**NOTE:** *The Center School gym is not currently usable. If the repairs are not completed by mid-January, the HPTA might need to cancel, shorten or prorrate winter session classes normally held in the gym.*

#### Wednesday Classes:

##### Kick It with the Revs!

Hopkinton Youth Soccer is bringing the staff of the Revolution Academy to Center School to offer a fun-filled, skill-based indoor soccer training session. Each session will work on footskills then finish with soccer games and scrimmages. May register for either Wednesday or Friday.

**Enrollment:** Minimum 8/Maximum 24

**Location:** Center School Gym

**Dates:** Wednesdays 1/18, 1/25, 2/8, 2/15, 2/29, 3/7, 3/21 (7 sessions) [Snow Dates 3/28, 4/4]

**Time:** 3:10 – 4:00 pm

**Cost:** \$85 for HPTA members during Early Bird only (\$100 after Early Bird)

**NOTE:** *The Center School gym is not currently usable. If the repairs are not completed by mid-January, the HPTA might need to cancel, shorten or prorrate winter session classes normally held in the gym.*

##### Mandarin–Xianona Wang Instructor

This 7 week language program is highly interactive and fun! Students will learn basic vocabulary and simple phrases. The lessons incorporate songs, fun activities, role-playing and more, enabling children to learn Mandarin in an easy and natural way.

**Enrollment:** No Maximum/No Minimum

**Location:** Center School Library

**Dates:** Wednesday 1/18, 1/25, 2/8, 2/15, 2/29, 3/7, 3/21 (7 sessions) [Snow Dates 3/28, 4/4]

**Time:** 3:10 – 4:00 pm

**Cost:** \$65 for HPTA members during Early Bird only (\$85 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2012

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### Center School (continued)



#### Thursday Classes:

##### Little Actors – Enter Stage Left Theater Instructors

Does your child love to "put on shows" and be a little actor? Do they love listening to stories? This class will explore a new story book each week and then give students the chance to "act it out!" We will also explore theater games, improvisation, and role playing scenes. Activities will help to improve self-confidence, social skills and explore our creativity through and introduction to acting. Children will perform a short "play" at the last class for family and friends.

**Enrollment:** Minimum 5/Maximum 12

**Location:** Center School Library

**Dates:** Thursdays 1/19, 1/26, 2/2, 2/9, 2/16, 3/1, 3/8, 3/15 (8 sessions) [Snow Dates 3/22, 3/29, 4/5]

**Time:** 3:10 – 4:00 pm

**Cost:** \$110 for HPTA members during Early Bird only (\$125 after Early Bird)

##### Karate – Christine Howard and Julie Guido, Holliston Villari's Instructors

This class is a beginner class of Shaolin Kempo Karate. It is a fun and engaging class for kids to learn karate skills and techniques as well as self-control, discipline and other life skills. It is a great way for kids to get exercise in a fun environment. Every child will advance a new rank at the end of the 8 week session.

**Enrollment:** Maximum 25

**Location:** Center School Gym

**Dates:** Thursdays 1/19, 1/26, 2/2, 2/9, 2/16, 3/1, 3/8, 3/15 (8 sessions) [Snow Dates 3/22, 3/29, 4/5]

**Time:** 3:10 – 4:00 pm

**Cost:** \$85 for HPTA members during Early Bird only (\$100 after Early Bird)

**NOTE:** The Center School gym is not currently usable. If the repairs are not completed by mid-January, the HPTA might need to cancel, shorten or prorate winter session classes normally held in the gym.

#### Friday Classes:

##### ~~Kick It with the Revs!~~ Canceled due to Low Enrollment

~~Hopkinton Youth Soccer is bringing the staff of the Revolution Academy to Center School to offer a fun-filled, skill-based indoor soccer training session. Each session will work on footskills then finish with soccer games and scrimmages. May register for either Wednesday or Friday.~~

~~**Enrollment:** Minimum 8/Maximum 24~~

~~**Location:** Center School Gym~~

~~**Dates:** Fridays 1/20, 1/27, 2/3, 2/10, 2/17, 3/2, 3/9, 3/16 (8 sessions) [Snow Dates 3/23, 3/30]~~

~~**Time:** 3:10 – 4:00 pm~~

~~**Cost:** \$95 for HPTA members during Early Bird only (\$110 after Early Bird)~~

~~**NOTE:** The Center School gym is not currently usable. If the repairs are not completed by mid-January, the HPTA might need to cancel, shorten or prorate winter session classes normally held in the gym.~~

# HPTA Extracurricular Program Information

## Winter Session 2012

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### Elmwood School (Grades 2 and 3)

#### Elmwood School Extracurricular Coordinators

Peggy Shaw [Peggy\\_shaw@verizon.net](mailto:Peggy_shaw@verizon.net) 508.207.3197

Kristen Strechay [Kristen@strechay.com](mailto:Kristen@strechay.com) 617.513.3144

#### ***New Elmwood Bus Note Policy – Now Matches Center and Hopkins!***

**BUS NOTES:** Parents must send a bus note to the Elmwood School Office at the beginning of the session authorizing their child's participation in the class. From that point forward, a note must be sent only if a class will be missed.

**LOCATION:** Pick-up is in the gym, music room or art room depending on the class, see course descriptions below.

**TIME:** 2:30-3:30 pm (except Lego and Karate, as noted below in course descriptions)



#### **Monday Classes:**

##### **Karate, Julie Guido, Holliston Villari's Instructor**

This course is for boys and girls to learn art of Shaolin Kempo Karate. Come and learn the different movements along with building self-confidence and self-control. Instruction for all levels of karate experience!

**Enrollment:** Minimum 10/Maximum 30

**Location:** Gym

**Dates:** Mondays 1/23, 1/30, 2/6, 2/13, 2/27, 3/5, 3/12, 3/19 (8 classes) [Snow Dates 3/26, 4/2]

**Time:** 2:30-3:20 pm

**Cost:** \$85 for HPTA members during Early Bird only (\$100 after Early Bird)

#### **Tuesday Classes:**

##### **Let's Go LEGO! Margie Wiggin, Instructor**

Do you love LEGOs? Then join us for LEGO building and challenges. Individual structures will be built and put together to make a town, a zoo, a farm - so many choices. We will discuss what we want to do as a group in our first meeting. In the last few classes, participants will be introduced to programming and using the NXT robot and then see the robot in action with their constructions!! Participants will take home a photo portfolio of their LEGO projects at the end of the session. Ms Wiggin coached LEGO robotics teams through USFIRST for 3 years, has a Master's in Education and is a Teaching Assistant at Elmwood School.

**Enrollment:** Minimum 5/Maximum 15

**Location:** Music Room

**Dates:** Tuesdays 1/17, 1/24, 1/31, 2/7, 2/14, 2/28, 3/13, 3/20 (8 classes) [Snow Dates 3/27, 4/3]

**Time:** 2:40-3:40 pm

**Cost:** \$103 for HPTA members during Early Bird only (\$118 after Early Bird)

##### **Clay Creations, Bonnie Muir, Elmwood Art Teacher**

Discover the magical qualities of clay while hand-building whimsical animal structures, coil pots, tiles, and much more in this class. Children will have fun using their imaginations and learning technical clay skills. There will be suggested projects each week, as well as time for independent exploration.

**Enrollment:** Min 10/Max 15

**Location:** Art Room

**Dates:** Tuesdays: 1/17, 1/24, 1/31, 2/7, 2/14, 2/28, 3/13, 3/20 (8 classes) [Snow Dates 3/27, 4/3]

**Time:** 2:30-3:30 pm

**Cost:** \$150 for HPTA members during Early Bird only (\$165 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2012

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### Elmwood School (continued)



#### **Tuesday Classes (continued):**

##### **Basketball with F.A.S.T. Athletics**

3.....2.....1.....bzzzz. Our basketball program will help increase the student's confidence in passing, shooting, and dribbling skills so when it's time to make that game winning shot they are ready! They will also learn the proper techniques of playing defense, rebounding and boxing out. Besides playing scrimmages, the students will also play games such as knock out, dribbling relay races, and hot hands.

**Enrollment:** Min 10/Max 30

**Location:** Elmwood School Gym

**Dates:** Tuesdays 1/17, 1/24, 1/31, 2/7, 2/14, 2/28, 3/13, 3/20 (8 classes) [Snow Dates 3/27, 4/3]

**Time:** 2:30-3:30 pm

**Cost:** \$110 for HPTA members during Early Bird only (\$125 after Early Bird)

#### **Thursday Classes:**

##### **Ultimate Sports – F.A.S.T. Instructors**

If you are getting tired of playing the same old sports every day, this is definitely the program for you. The non-traditional style of games/competitions will keep all participants on their toes learning new games as they get further into this program. Have you ever heard of Fort Knox? Or Ultimate Frisbee? What about Army Dodgeball? Get together with F.A.S.T. Athletics and see what all the hype is about!!! This unique program will also put emphasis on physical fitness, proper stretching techniques and team work.

**Enrollment:** Min 10/Max 30

**Location:** Elmwood School Gym

**Dates:** Thursdays 1/19, 1/26, 2/2, 2/9, 2/16, 3/1, 3/8, 3/15 (8 classes) [Snow Dates 3/22, 3/29, 4/5]

**Time:** 2:30 – 3:30 pm

**Cost:** \$110 for HPTA members during Early Bird only (\$125 after Early Bird)

##### **Let's Go LEGO! Margie Wiggin, Instructor**

Do you love LEGOs? Then join us for LEGO building and challenges. Individual structures will be built and put together to make a town, a zoo, a farm - so many choices. We will discuss what we want to do as a group in our first meeting. In the last few classes, participants will be introduced to programming and using the NXT robot and then see the robot in action with their constructions!! Participants will take home a photo portfolio of their LEGO projects at the end of the session. Ms Wiggin coached LEGO robotics teams through USFIRST for 3 years, has a Master's in Education and is a Teaching Assistant at Elmwood School.

**Enrollment:** Minimum 5/Maximum 15

**Location:** Music Room

**Dates:** Thursdays 1/19, 1/26, 2/2, 2/9, 2/16, 3/1, 3/8, 3/15 (8 classes) [Snow Dates 3/22, 3/29, 4/5]

**Time:** 2:40-3:40 pm

**Cost:** \$103 for HPTA members during Early Bird only (\$118 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2012

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### Elmwood School (continued)



#### **Thursday Classes (continued):**

##### **Clay Creations, Bonnie Muir, Elmwood Art Teacher**

Discover the magical qualities of clay while hand-building whimsical animal structures, coil pots, tiles, and much more in this class. Children will have fun using their imaginations and learning technical clay skills. There will be suggested projects each week, as well as time for independent exploration.

**Enrollment:** Min 10/Max 15

**Location:** Art Room

**Dates:** Thursdays 1/19, 1/26, 2/2, 2/9, 2/16, 3/1, 3/8, 3/15 (8 classes) [Snow Dates 3/22, 3/29, 4/5]

**Time:** 2:30-3:30 pm

**Cost:** \$150 for HPTA members during Early Bird only (\$165 after Early Bird)

#### **Friday Classes:**

##### **Funky FreeStyle, Jodi Palmieri, Let's Sing Dance Act Instructor**

Hip hop is a lifestyle with its own language, style of dress, music and mind set that is continuously evolving. This class is never the same thing twice! Students will choreograph their own dances in groups and individually. You'll learn some funky freestyle dances for performing on stage or for your own dancing pleasure! After you learn the movements, you will be challenged to try the steps to a faster tempo. Students will work to find their own unique "funky" style! Students in this class will perform a short show during the last class of the session. All are welcome!

**Enrollment:** Min 10/Max 25

**Location:** Gym

**Dates:** Fridays 1/20, 1/27, 2/3, 2/10, 2/17, 3/2, 3/9, 3/16 (8 classes) [Snow Dates 3/23, 3/30]

**Time:** 2:30-3:30 pm

**Cost:** \$95 for HPTA members during Early Bird only (\$110 after Early Bird) Fridays in the Gym

##### **Amazing Actors, Enter Stage Left Instructors**

Students will be introduced to the craft of acting through theater games, improvisational exercise and short scripts. Students will be exposed to character development and will present a short scene at the end of class for family.

**Enrollment:** Minimum 6/Maximum 15

**Location:** Music Room

**Dates:** Fridays 1/20, 1/27, 2/3, 2/10, 2/17, 3/2, 3/9, 3/16 (8 classes) [Snow Dates 3/23, 3/30]

**Time:** 2:30-3:30 pm

**Cost:** \$105 for HPTA members during Early Bird only (\$120 after Early Bird)

##### **Mixed Media Art, Anne Rainey, H.S. Art Teacher**

Students will explore a variety of art materials which may include paint, paper, colored pencil, ink and pastels. Techniques may include printmaking, collage, sculpture and simple book making. Each class will be a chance for the student to expand their knowledge of how each art material can give different results while allowing them to express their ideas with increased skill.

**Enrollment:** Min 10/Max 15

**Location:** Art Room

**Dates:** Fridays 1/20, 1/27, 2/3, 2/10, 2/17, 3/2, 3/9, 3/16 (8 classes) [Snow Dates 3/23, 3/30]

**Time:** 2:30-3:30 pm

**Cost:** \$145 for HPTA members during Early Bird only (\$160 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2012

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### Hopkins School (Grades 4 and 5)

#### Hopkins School Extracurricular Coordinators

Amanda Fargiano [amanda.fargiano@gmail.com](mailto:amanda.fargiano@gmail.com) 508.435.3825

Cheryl Kelley [cherylek@mac.com](mailto:cherylek@mac.com) 508.625.1909

**BUS NOTES:** Parents must send a bus note to the Hopkins School Office at the beginning of the session authorizing their child's participation in the class. From that point forward, a note must be sent only if a class will be missed.

**TIME:** 3:10-4:10 pm (for most classes, except Girl Power, Robotics, NXT Robotics and Basketball, and the new morning class, Train the Brain, as noted below)



### Mondays

#### Ultimate Sports, F.A.S.T. Athletics Instructors ~~Canceled due to Low Enrollment~~

If you are getting tired of playing the same old sports everyday, this is definitely the program for you. The non-traditional style of games/competitions will keep all participants on their toes learning new games as they get further into this program. Have you ever heard of Fort Knox? Or Ultimate Frisbee? What about Army Dodgeball? Get together with F.A.S.T. Athletics and see what all the hype is about!!! This unique program will also put emphasis on physical fitness, proper stretching techniques and team work.

**Enrollment:** Minimum 10/Maximum 30

**Dates:** Mondays 1/23, 1/30, 2/6, 2/13, 2/27, 3/5, 3/12, 3/19 [Snow Dates 3/26, 4/2]

**Time:** 3:10-4:10pm

**Location:** Gym

**Cost:** \$110 for HPTA members during Early Bird only (\$125 after Early Bird)

#### Enter Stage Left Comedy Acting Workshop, Mary Scarlatta-Rowe, Instructor

Learn the art of comedy through improvisation exercises and creating sketches with your peers. Students will become comedy actors similar to the popular TV show "Whose Line is it Anyway" and Chicago's popular Second City Improv Company which helped start Saturday Night Live. Students will create their own comedy sketches to be presented for friends and family at the end of the session.

**Enrollment:** Minimum 5/Maximum 12

**Dates:** Mondays 1/23, 1/30, 2/6, 2/13, 2/27, 3/5, 3/12, 3/19 [Snow Dates 3/26, 4/2]

**Time:** 3:10 – 4:10 p.m.

**Location:** Cafeteria

**Cost:** \$100 for HPTA members during Early Bird Registration (\$115 after Early Bird)

#### Let's Go LEGO! Margie Wiggin, Instructor ~~Canceled due to Low Enrollment~~

Do you love LEGOs? Then join us for LEGO building and challenges. Individual structures will be built and put together to make a town, a zoo, a farm – so many choices. We will discuss what we want to do as a group in our first meeting. Participants will take home a photo portfolio of their LEGO projects at the end of the session. Ms Wiggin has a Master's in Education and is a Teaching Assistant at Elmwood School.

**Enrollment:** Minimum 8/Maximum 12

**Location:** Large Conference Room

**Dates:** Mondays 1/23, 1/30, 2/6, 2/13, 2/27, 3/5, 3/12, 3/19 [Snow Dates 3/26, 4/2]

**Time:** 3:10-4:10 pm

**Cost:** \$105 for HPTA members during Early Bird only (\$120 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2012

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### Hopkins School (continued)

#### Mondays & Wednesdays

##### Homework Helpers, Liz McCarthy, Instructor

Homework Helpers is designed to teach 5th grade students strategies that will help them with daily and long – term homework assignments. Students will be given time to work on their assignments. This is for students who struggle with homework and could use help managing, organizing, and completing their homework load. Upon completion of the program, students will have been exposed to several strategies that can be used with future assignments.

**Enrollment:** Minimum 10/Maximum 20

**Location:** Library

**Dates:** Mondays & Wednesdays 1/18, 1/23, 1/25, 1/30, 2/6, 2/8, 2/13, 2/15, 2/27, 2/29, 3/5, 3/7, 3/12, 3/19, 3/21 (15 Sessions) [Snow Dates 3/26, 3/28, 4/2, 4/4]

**Time:** 3:10-4:10 pm

**Cost:** \$150 for HPTA members during Early Bird only (\$165 after Early Bird)



#### Tuesdays

##### Start with Art, Christine Van

This fun class includes theme-based and color-based lessons. Be inspired by famous artists. Create your own masterpiece! Venture into a multi-media, hands-on class for an art experience. We will work with liquid watercolor paints, acrylic paints, oil pastels, charcoals and more... Students will explore sculpture, weaving, drawing, printmaking and painting. Our class is centered on each child's creativity and individuality. Feel free to send your child with an old t-shirt or smock to wear over school clothes, if desired.

**Enrollment:** Minimum 5/Maximum 20

**Dates:** Tuesdays 1/17, 1/24, 1/31, 2/7, 2/14, 2/28, 3/13 (\*7 classes\*) [Snow Dates 3/20, 3/27]

**Time:** 3:10-4:10pm

**Location:** Cafeteria

**Cost:** \$160 for HPTA members during Early Bird only (\$175 after Early Bird)

##### Awesome April Art Workshop, Christine Van

Welcome spring with a multi-media art exploration! This class will explore: 2D Jasper Johns numbers sculpture, Kandinsky modern art watercolor painting and Chagall surrealism oil pastels. Feel free to send your child with an old t-shirt or smock to wear over school clothes, if desired.

**Enrollment:** Minimum 5/Maximum 20 (**NOTE:** Enrollment for this 2-day workshop is open through March 27.)

**Dates:** Tuesdays 4/3 and 4/10 (\*2-day workshop\*)

**Time:** 3:10-4:10pm

**Location:** Cafeteria

**Cost:** \$65 for HPTA members during Early Bird only (\$70 after Early Bird)

##### ~~Girl Power, Pathways Fitness Instructor Erin Mahoney~~ **Canceled due to Low Enrollment**

~~Be Strong, Be Smart, Be Amazing!! A program designed to get girls excited about fitness and feeling fabulous while making new friends. This class features teamwork, self-empowerment activities and fun fitness segments such as boot-camp, yoga, strength training and kick boxing. Healthy eating and fueling for sports are just a few of the great topics that will be covered in this 8-week program! Try something new and discover the "power" of YOU!!~~

~~**Enrollment:** Minimum 8/Maximum 20~~

~~**Dates:** Tuesdays 1/17, 1/24, 1/31, 2/7, 2/14, 2/28, 3/13, 3/20 (8 sessions) [Snow Dates 3/27, 4/3]~~

~~**Time:** 3:20-4:20pm~~

~~**Location:** Gym~~

~~**Cost:** \$130 for HPTA members during Early Bird only (\$145 after Early Bird)~~

# HPTA Extracurricular Program Information

## Winter Session 2012

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### Hopkins School (continued)

#### Wednesdays

##### **Train the Brain with iStrong Kidz, Liane Blyn , ABT Owner and Instructor**

In the morning before school, train your brain with iStrong Kidz. Get moving to wake up the body and mind. Research shows an increase in learning capacity and retention in those who train their bodies before training their brain. This 45-minute class will consist of: fun warm-up games or movement drills, a running activity, relay races, obstacle courses, strength movements, and an end of class group game.

**Enrollment:** Minimum 10/Maximum 30

**Dates:** Wednesdays 1/18, 1/25, 2/1, 2/8, 2/15, 2/29, 3/7, 3/14, 3/21 (9 sessions) [Snow Dates 3/28, 4/4]

**Time:** 8:00AM-8:45AM – Morning Class

**Location:** Gym

**Cost:** \$110 for HPTA members during Early Bird only (\$125 after Early Bird)



##### **bFit Yoga, bCalm Studio Instructors Lesley Reilly & Colleen Allen**

Our children live in a hurry-up world of school pressures, incessant video games, and competitive sports. The bustling pace of our children's lives has a profound effect on their innate joy. Yoga provides a counter balance to these pressures and teaches techniques for self-health, relaxation and inner fulfillment. bFit Yoga encourages self-esteem and body awareness with physical activity that's non-competitive. Benefits include: increased core strength, enhanced flexibility, improved concentration and calmness. Yoga is great for both boys and girls, as well as those athletes wishing to increase their strength and flexibility.

**Enrollment:** Minimum 10/Maximum 30

**Dates:** Wednesdays 1/18, 1/25, 2/8, 2/15, 2/29, 3/7, 3/21 (7 sessions) [Snow Dates 3/28, 4/4]

**Time:** 3:10-4:10pm

**Location:** Cafeteria

**Cost:** \$99 for HPTA members during Early Bird only (\$114 after Early Bird)

##### **Robotics (Binary Robot Player), Ed Harrow**

Build your own beginner series robot. This battery-controlled kit can teach the basic principles of robotic sensing and locomotion. An infrared sensor and printed circuit board control your programmable friend. Binary Player Robot is more than just fun. Assembling, building, and following instruction help develop fine motor skills and hand-eye coordination. We'll combine learning with doing and with fun! Robot kits and batteries are included in the tuition cost.

**Special note:** This class starts on 1/18 and runs for 5 weeks. Each class is 90 minutes, ending at 4:40pm.

**Enrollment:** Maximum 10

**Dates:** Wednesdays 1/18, 1/25, 2/8, 2/15, 2/29 (\*only 5 sessions\*) [Snow Dates 3/28, 4/4]

**Time:** 3:10-4:40pm

**Location:** Large Conference Room

**Cost:** \$145 for HPTA members during Early Bird only (\$160 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2012

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### Hopkins School (continued)

#### Thursdays

##### Pillo Polo, F.A.S.T. Athletics Instructors

This fast-paced game is very similar to hockey. After a quick introduction to the game, the students will have the opportunity to release all their energy in a three-period game/competition. This program will allow the students a chance to learn an exciting game in a fun and safe environment.

**Enrollment:** Minimum 10 / Maximum 30

**Dates:** Thursdays 1/19, 1/26, 2/2, 2/9, 2/16, 3/1, 3/8, 3/15 (8 sessions) [Snow Dates 3/22, 3/29, 4/5]

**Time:** 3:10-4:10pm

**Location:** Gym

**Cost:** \$110 for HPTA members during Early Bird only (\$125 after Early Bird)



##### Introduction to NXT Robotics, Amanda Fargiano

Using a Carnegie Mellon curriculum, we will learn how to program NXT robots to perform basic navigation. Each class will cover a different navigation topic such as moving forward and backward for measured distances, performing swing turns and point turns, and using sensors. Class will culminate with a maze challenge competition.

**Enrollment:** Minimum 6 / Maximum 12

**Dates:** Thursdays 1/19, 1/26, 2/2, 2/9, 2/16, 3/1, 3/8, 3/15 (8 sessions) [Snow Dates 3/22, 3/29, 4/5]

**Time:** 3:10-4:30pm

**Location:** Large Conference Room

**Cost:** \$110 for HPTA members during Early Bird only (\$125 after Early Bird)

#### Fridays

##### Stop Motion Lego, Mary Rooney with Eric Kingsley

Have you ever seen those movies where the figures move around on their own? Did you ever wish you could do that? This time around we'll explore the possibilities of "Stop Motion" animation. We will alternate the movie making process with creative building techniques. We'll also build many different kinds of creations and have lots of interesting challenges.

**Enrollment:** Minimum 5/Maximum 15

**Dates:** Fridays 1/20, 1/27, 2/3, 2/10, 2/17, 3/2, 3/9, 3/16 (8 sessions) [Snow Dates 3/23, 3/30]

**Time:** 3:10-4:10pm

**Location:** Large Conference Room

**Cost:** \$100 for HPTA members during Early Bird only (\$115 after Early Bird)

##### Basketball, Deanna Law and Jessica Esdale

Come play basketball with Ms. Law and Ms. Esdale on Friday afternoons. Games will be fun and non-competitive. Everyone welcome!

**Enrollment:** Minimum 15/Maximum 25

**Dates:** Fridays 1/20, 1/27, 2/3, 2/10, 2/17, 3/2, 3/9, 3/16 (8 sessions) [Snow Dates 3/23, 3/30]

**Time:** 3:20-4:05pm

**Location:** Gym

**Cost:** \$75 for HPTA members during Early Bird only (\$90 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2012

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### Middle School (Grades 6, 7 and 8)

#### Middle School Extracurricular Coordinators

Amanda Fargiano [amanda.fargiano@gmail.com](mailto:amanda.fargiano@gmail.com) 508.435.3825

Mary Baldiga [mbaldiga@verizon.net](mailto:mbaldiga@verizon.net) 508.435.1561

Brigid Macdonald [bmacdonald171@gmail.com](mailto:bmacdonald171@gmail.com) 508.259.4496

**BUS NOTES:** Bus notes are NOT needed for the Middle School.

**TIME:** 2:00-3:00pm, except Mandarin Chinese, as noted below.

### Mondays

#### Guitar Techniques for Contemporary Music, Chris Sweeney ~~Canceled due to Low Enrollment~~

Join Mr. Sweeney to explore contemporary guitar! Students will study how music reading, chords, scales, improvisation and various guitar techniques relate to contemporary styles of music such as rock, funk, pop, blues, and jazz. Both electric and acoustic welcome. Amplifiers provided, please bring cords.

**Enrollment:** Minimum 5/Maximum 10

**Dates:** Mondays 1/23, 1/30, 2/6, 2/13, 2/27, 3/5, 3/12, 3/19 (8 classes) [Snow Dates 3/26, 4/2]

**Time:** 2:00-3:00PM

**Location:** Band Room

**Cost:** \$100 for HPTA members during Early Bird only (\$115 after Early Bird)

#### Start with Art, Christine Van

This fun class includes theme-based and color-based lessons. Be inspired by famous artists. Create your own masterpiece! Venture into a multi-media, hands-on class for an art experience. We will work with liquid watercolor paints, acrylic paints, oil pastels, charcoals and more... Students will explore sculpture, weaving, drawing, printmaking and painting. Our class is centered on each student's creativity and individuality.

**Enrollment:** Minimum 5/Maximum 20

**Dates:** Mondays 1/23, 1/30, 2/6, 2/13, 2/27, 3/5, 3/12 (7 classes) [Snow Dates 3/26, 4/2]

**Time:** 2:00-3:00PM

**Location:** Cafeteria

**Cost:** \$160 for HPTA members during Early Bird only (\$175 after Early Bird)

### Tuesdays:

#### Ultimate Sports, F.A.S.T. Athletics Instructors ~~Canceled due to Low Enrollment~~

If you are getting tired of playing the same old sports everyday, this is definitely the program for you. The non-traditional style of games/competitions will keep all participants on their toes learning new games as they get further into this program. Have you ever heard of Fort Knox? Or Ultimate Frisbee? What about Army Dodgeball? Get together with F.A.S.T. Athletics and see what all the hype is about!!! This unique program will also put emphasis on physical fitness, proper stretching techniques and team work.

**Enrollment:** Minimum 10/Maximum 30

**Dates:** Tuesdays 1/17, 1/24, 1/31, 2/7, 2/14, 2/28, 3/13, 3/20 (8 sessions) [Snow Dates 3/27, 4/3]

**Time:** 2:00-3:00PM

**Location:** Doyle Gym

**Cost:** \$110 for HPTA members during Early Bird only (\$125 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2012

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### Middle School (continued)

#### Tuesdays and Thursdays:

~~**Introduction to Mandarin Chinese Language and Culture, Ms. Xiao Na Wang**~~ **Canceled due to Low Enrollment**

Join Ms. Wang, the high school Mandarin instructor, in this introductory Mandarin Chinese language class for students in grades 7 or 8. Students will learn introductory language skills including tones and pronunciation, greetings and introductions, counting and dates, telling time and more. In addition to language lessons, Ms. Wang will invite the high school foreign exchange students from China to assist the class with traditional Chinese crafts like calligraphy, lantern making and paper cuts. Classes will meet twice each week at the high school.

**Enrollment:** Minimum 10/Maximum 25 (7<sup>th</sup> and 8<sup>th</sup> graders only)

**Dates:** Tuesdays and Thursdays 1/17, 1/19, 1/24, 1/26, 1/31, 2/2, 2/7, 2/9, 2/14, 2/16, 2/28, 3/1, 3/8, 3/13, 3/15, 3/20 (16 sessions) [Snow Dates 3/22, 3/27, 3/29, 4/3, 4/5]

**Time:** 2:15-3:15PM

**Location:** High School, Room A303

**Cost:** \$125 for HPTA members during Early Bird only (\$140 after Early Bird)

*\*Special Note: Students will meet in the Middle School cafeteria for the first class and be escorted over to the High School classroom. Parents should arrange to pick students up at the high school.*

#### Wednesdays:

~~**Does it all Make Cents?? Understanding The Ins and Outs of Everyday Finance, Jessica Stephens**~~ **Canceled due to Low Enrollment**

This class will educate kids about basic financial terms and personal financial management. Included in the topics will be a discussion on the role and importance of credit and how to establish and maintain good credit scores. In addition, this course will introduce the stock market and provide some history about currency/finance in our country. Students will be using the Wall Street Journal as a key resource.

**Enrollment:** Minimum 10/Maximum 15 (7<sup>th</sup> and 8<sup>th</sup> graders only)

**Dates:** Wednesdays 1/18, 1/25, 2/1, 2/8, 2/15, 2/29, 3/7, 3/21 (8 sessions) [Snow Dates 3/28, 4/4]

**Time:** 2:00-3:00PM

**Location:** Computer Lab

**Cost:** \$100 for HPTA members during Early Bird only (\$115 after Early Bird)

~~**Go Green with Michael Siedlecki**~~

~~NOT ENROLLING NOW — Not Enough Info Available about this Class Yet~~ **Canceled due to Low Enrollment**

**Enrollment:** Minimum /Maximum not available yet

**Dates:** Not available yet

**Time:** 2:00-3:00PM

**Location:** TBD

**Cost:** \$100 for HPTA members during Early Bird only (\$115 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2012

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### Middle School (continued)

#### Thursdays:

##### Yoga with Ms. Stukuls

Bring on your OM! Join Ms. Stukuls to learn the energizing and rewarding practice of yoga. Feeling stressed? Yoga teaches you how to relax. Struggling to focus on that school paper? Yoga helps you center yourself and prepare your mind and body for concentration. Getting ready for spring sports like baseball? Yoga will strengthen your core and give you the focus you need at bat and on the mound. Anyone can do it and everyone can benefit! Namaste!

**Enrollment:** Minimum 10/Maximum 30

**Dates:** Thursdays 1/19, 1/26, 2/2, 2/9, 2/16, 3/1, 3/8, 3/15 (8 sessions) [Snow Dates 3/22, 3/29, 4/5]

**Time:** 2:00-3:00PM

**Location:** Doyle Gym

**Cost:** \$110 for HPTA members during Early Bird only (\$125 after Early Bird)

#### Fridays:

##### Instrumental Jam Band, Chris Sweeney

Did you ever want to play in a band, but didn't know where to start? Do you love to play contemporary music, but need others to play with? With Mr. Sweeney, students of all instruments will play music from the rock, funk, pop, blues and jazz idioms. Students will learn about song form, melody and harmony relationships, improvisation and accompaniment. All instruments welcome, but group will be limited to 2 each of guitar/bass/piano/percussion. Unlimited horns are welcome. Electric guitar and bass players, please bring cords (amps provided).

**Enrollment:** Minimum 6/Maximum 10

**Dates:** Fridays 1/20, 1/27, 2/3, 2/10, 2/17, 3/2, 3/9, 3/16 (8 sessions) [Snow Dates 3/23, 3/30]

**Time:** 2:00-3:00PM

**Location:** Band Room

**Cost:** \$85 for HPTA members during Early Bird only (\$100 after Early Bird)