

# HPTA Extracurricular Program Information

## Center, Elmwood and Hopkins (Grades 1-5)

### Winter Session 2010



Use our new online registration system to enroll your children in our popular, affordable and convenient extracurricular classes. Go to [www.hptaonline.com](http://www.hptaonline.com) and click on "Programs" > "Extracurricular Classes" on the left sidebar menu to begin. Registration is available on a first-come first-served basis at all schools. At the time of online registration you will be able to see how many spots are left in each class. Please see the following pages for the list of classes, dates and costs. Our new system accepts payments by VISA, MasterCard and eCheck.

### December 1 – December 7

#### Early Bird Registration

Discounted Rates for HPTA Members Only  
(\$15 off each class, except Early Release Classes)

*New members are welcome! You can sign-up for membership online at the same time you sign up for extracurricular classes, so you won't miss out on the discount. Please note that five classes were completely filled during the Early Bird period for the fall session.*



### Monday, December 8, 2009 at 10:00 AM

#### General Registration Begins

All Classes are Full Price (no discounts)  
Open to Non-Members and Members

### Friday, December 18, 2009

#### Last Day to Register for Extracurricular Classes

(Except Early Release Class enrollment will remain open until the Sunday before each session)

### Week of January 11, 2010

#### Winter Session Classes Begin

#### Important Extracurricular Policies:

- All registrations requested after December 18 must be sent to [extracurricular@hptaonline.com](mailto:extracurricular@hptaonline.com), are subject to a \$50 late fee, will be reviewed by January 4, and are not guaranteed placement. If the HPTA cancels a class due to low enrollment you will receive a full refund or you will have the option of switching to another open class.
- No other refunds given except for medical issues. Medical refunds will be determined on a case by case basis.
- Refunds will be given by check and will occur before the start of classes (January 11, 2010).
- Prompt pick-up is required for participation in HPTA extracurricular classes. On the first occasion of pick-up occurring 15 or more minutes late, a warning will be given. An additional late pick-up will result in the child being withdrawn from the class, without refund, and the child will not be permitted to register for the following session of extracurricular classes.



**Teachers and Parents: Partners in Education**  
[www.hptaonline.com](http://www.hptaonline.com)

# HPTA Extracurricular Program Information

## Winter Session 2010

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### Center School (Grade 1)

#### Center School Extracurricular Coordinators

Christine Tourigny 508-435-2470 [chris.tourigny@yahoo.com](mailto:chris.tourigny@yahoo.com)

Marie Boyle 508-497-6307 [mfb01@comcast.net](mailto:mfb01@comcast.net)

**BUS NOTES:** Parents must send a bus note to the Center School Office at the beginning of the session authorizing their child's participation in the class. From that point forward, a note must be sent only if a class will be missed.



### Monday Class:

#### Dodgeball - F.A.S.T. Instructors

The most intense and exciting program you have ever seen. The students will learn how to work together, strategize and exercise without even knowing it! There are tons of creative and competitive dodgeball games incorporated into this program – there will never be a dull moment! Gatorskin dodgeballs will be used which are proven to be the safest dodgeballs out there! Instructors will review safety rules and regulations before each class.

**Enrollment:** Min 8/Max 18

**Location:** Center School Gym

**Dates:** 1/11, 1/25, 2/1, 2/8, 2/22, 3/1, 3/8, 3/15 (no class on 1/18, and snow date 3/22)

**Time:** 3:10 - 4:00 pm

**Cost:** \$100 for HPTA members during Early Bird only (\$115 after Early Bird)

### Tuesday Classes:

#### Little Actors - Enter Stage Left Theater Instructors

This 8-week class is an introduction to acting. Children will be introduced to basic acting and improvisational games for the theater. They will expand their imaginations and build confidence by bringing stories to life while practicing listening, turn-taking, and cooperation skills. Students will present a short performance to family on the last class.

**Enrollment:** Min 8/Max 12

**Location:** Center School Library

**Dates:** 1/12, 1/19, 1/26, 2/2, 2/9, 2/23, 3/2, 3/9 (snow date 3/16)

**Time:** 3:10 - 4:00 pm

**Cost:** \$100 for HPTA members during Early Bird only (\$115 after Early Bird)

#### Super Sports – F.A.S.T. Instructors

Get up, get going, get active with a F.A.S.T. Athletics Super Sports Program. F.A.S.T. Athletics will offer a variety of sports each week such as: Soccer, Basketball, mat ball, Dodgeball, and Kickball. Programs will include proper stretching and warm-up games as well as learning basic skills of each sport. Each class will end with a high-energy game with the sport played that day.

**Enrollment:** Min 8/Max 18

**Location:** Center School Gym

**Dates:** 1/12, 1/19, 1/26, 2/2, 2/9, 2/23, 3/2, 3/16 (no class 3/9 due to event in gym, snow date 3/24)

**Time:** 3:10 – 4:00 pm

**Cost:** \$100 for HPTA members during Early Bird only (\$115 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2010

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### Center School (continued)



#### Thursday Class:

##### Karate – Julie Guido & Christine Howard, Holliston Villari’s Instructors

This is an 8-week course for boys and girls in the art of Shaolin Kempo Karate. Come and learn the different movements along with building self-confidence and self-control.

**Enrollment:** Max 24

**Location:** Center School Gym

**Dates:** 1/14, 1/21, 1/28, 2/4, 2/11, 2/25, 3/4, 3/11 (snow date 3/18)

**Time:** 3:10 – 4:00 pm

**Cost:** \$80 for HPTA members during Early Bird only (\$95 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2010

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### Elmwood School (Grades 2 and 3)

#### Elmwood School Extracurricular Coordinators

Sarah Donnelly 508-497-2425 [sarahwdonnelly@yahoo.com](mailto:sarahwdonnelly@yahoo.com)

Liz Murchie 508-625-1121 [murchiefamily@verizon.net](mailto:murchiefamily@verizon.net)



**BUS NOTES:** Parents must send a bus note to the Elmwood School Office **EVERY WEEK** authorizing their child's participation in the class. It is also helpful if you send a note on days when your child **CANNOT** attend a scheduled class to inform the teacher and the school.

**LOCATION:** Pick-up is in the lobby for Amazing Actors, Robotics and both Science classes; at the Art room (first floor) for Clay and Architectural Inventors; and the gym for Funky Freestyle, Ultimate Sports, Sports Agility, Dodgeball, Karate, and Super Sports.

**TIME:** 2:30-3:30 pm (except where noted\*)

#### Monday Classes:

##### Amazing Actors – Enter Stage Left Instructors

Students will be introduced to the craft of acting through theater games, improvisational exercise and short scripts. Students will be exposed to character development and will present a short scene at the end of class for family.

**Enrollment:** Min 6/Max 15

**Dates:** Jan 11, 25, Feb 1, 8, 22, Mar 1, 8, 15 (8 classes)

**Cost:** \$105 for HPTA members during Early Bird only (\$120 after Early Bird)

##### Funky Freestyle - Jodi Palmieri, Instructor

One form of today's modern dance is known as "hip hop" and is a cultural lifestyle expressed through its own language, style of dress, and music that kids of all ages relate to (and adults too!). If your son or daughter wants to learn some funk but doesn't want to commit to a yearlong "dance" class, then this is the place. After he or she learns the steps slowly, they will be challenged to try them at a faster tempo. Students will work to find their own unique "funky" freestyle and have some fun expressing themselves!

**Enrollment:** Min 10/Max 30

**Dates:** Jan 11, 25, Feb 1, 8, 22, Mar 1, 8, 15 (8 classes)

**Cost:** \$85 for HPTA members during Early Bird only (\$100 after Early Bird)

#### Tuesday Classes:

##### Clay Creations - Bonnie Muir, Elmwood Art Teacher

Discover the magical qualities of clay while hand-building whimsical animal sculptures, coil pots, tiles, and much more in this class. Children will have fun using their imaginations and learning technical clay skills. There will be suggested projects each week, as well as time for independent exploration.

**Enrollment:** Min 10/Max 20

**Dates:** Jan 12, 19, 26, Feb 2, 9, 23, Mar 2, 9 (8 classes)

**Cost:** \$135 for HPTA members during Early Bird only (\$150 after Early Bird)

##### Ultimate Sport - F.A.S.T Athletics Instructors

The non-traditional games will keep kids on their toes. Have you ever heard of Fort Knox or Matt Ball? What about Army dodgeball or handball soccer? Come see what all of the hype is about and learn some new games with F.A.S.T. Athletics.

**Enrollment:** Min 10/Max 30

**Dates:** Jan 12, 19, 26, Feb 2, 9, 23, Mar 2, 9 (8 classes)

**Cost:** \$100 for HPTA members during Early Bird only (\$115 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2010

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### Elmwood School (continued)

#### Tuesday Classes (continued):

##### **Robotics level 1 (Grade 3 only) - Ed Harrow, Instructor**

Did you ever want to build your own robot? Participants in the course construct a sound-activated robot (Jungle Robot) to keep when the program is finished. The robot is activated by clapping one's hands or by otherwise making a loud sound. Once started, the robot continues to operate for a predetermined amount of time. Kit included in the price. **Special Notes:** This class starts on Tuesday 2/23 and runs for 5 weeks until 3/23. Each class will last 90 minutes ending at 4pm\*. This class is for 3rd graders only.

**Enrollment:** Min 6/Max 10

**Dates:** Feb 23, Mar 2, 9, 16, 23 (five 90-minute classes)

**Cost:** \$145 for HPTA members during Early Bird only (\$160 after Early Bird)

#### Wednesday Classes:

##### **Sports Agility - F.A.S.T Athletics Instructors**

Do you want to get faster? Jump higher? Get flexible? The first half of the class will be dedicated to drills such as cone relay and power jumps then the second half will put these new agility skills into action while participating in games like speedball, dodgeball and arena football.

**Enrollment:** Min 10/Max 30

**Dates:** Jan 13, 20, 27, Feb 10, 24, Mar 10, 17 (7 classes)

**Cost:** \$90 for HPTA members during Early Bird only (\$105 after Early Bird)

#### Thursday Classes:

##### **Dodgeball - F.A.S.T. Athletics Instructors**

The most intense and exciting program you have ever seen. The students will learn how to work together, strategize and exercise without even knowing it! There are tons of creative and competitive dodgeball games incorporated into this program – there will never be a dull moment! Gatorskin dodgeballs will be used which are proven to be the safest dodgeballs out there! Instructors will review safety rules and regulations before each class.

**Enrollment:** Min 10/Max 30

**Dates:** Jan 14, 21, 28, Feb 4, 11, 25, Mar 4, 11 (8 classes)

**Cost:** \$100 for HPTA members during Early Bird only (\$115 after Early Bird)

##### **Robotics level 1 (Grade 3 only) - Ed Harrow, Instructor**

Did you ever want to build your own robot? Participants in the course construct a sound-activated robot (Jungle Robot) to keep when the program is finished. The robot is activated by clapping one's hands or by otherwise making a loud sound. Once started, the robot continues to operate for a predetermined amount of time. Kit included in the price. **Special Notes:** This class starts on Thursday 1/14 and runs for 5 weeks until 2/11. Each class will last 90 minutes ending at 4pm\*. This class is for 3rd graders only.

**Enrollment:** Min 6/Max 10

**Dates:** **Jan 14, 21, 28, Feb 4, 11 (five 90 - minute classes), 2:30 - 4:00**

**Cost:** \$145 for HPTA members during Early Bird only (\$160 after Early Bird)



# HPTA Extracurricular Program Information

## Winter Session 2010

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### Elmwood School (continued)

#### Friday Classes:



#### **Karate - Julie Guido, Holliston Villari's Instructor**

This course teaches boys and girls the art of Shaolin Kempo Karate. Come and learn the different movements along with building self-confidence and self-control. Instruction for all levels of karate experience!

**Enrollment:** Min 10/Max 30

**Dates:** Jan 15, 22, 29, Feb 5, 12, 26, Mar 5, 19 (8 classes)

**Cost:** \$80 for HPTA members during Early Bird only (\$95 after Early Bird)

#### **Clay Creations – Bonnie Muir, Elmwood Art Teacher**

Discover the magical qualities of clay while hand-building whimsical animal sculptures, coil pots, tiles, and much more in this class. Children will have fun using their imaginations and learning technical clay skills. There will be suggested projects each week, as well as time for independent exploration.

**Enrollment:** Min 10/Max 20

**Dates:** Jan 15, 22, 29, Feb 5, 12, 26, Mar 5, 19 (8 classes)

**Cost:** \$135 for HPTA members during Early Bird only (\$150 after Early Bird)

#### **Science Explorers- Michelle Lauria Odierna, H.S. Science Teacher**

Let your inner scientist out! Come explore and learn about our beautiful planet earth and all it does for us! We'll make creative models, such as a coral reef out of clay and macaroni or a model of the Earth using Rice Krispie Treats. We will run cool experiments, like "Rubber, Blubber Gloves" and even learn about some of the science behind your favorite Disney and Pixar movies including Finding Nemo, The Lion King, and Up! We'll build our own mini-hot air balloons and experiment with gravity! Price includes all materials.

**Enrollment:** Min 8/Max 20

**Dates:** Jan 15, 22, 29, Feb 5, 26, Mar 5, 19 (7 Classes)

**Cost:** \$120 for HPTA members during Early Bird only (\$135 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2010

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### Elmwood School (continued)



#### **EARLY RELEASE CLASSES New!**

##### **Super Sports - F.A.S.T Athletics Instructors**

Girl and boys get up, get going, and get active with a variety of sports each session such as: Soccer, Basketball, Flag Football, Dodgeball, Baseball, and Kickball. Programs will include proper stretching and warm-up games as well as learning basic skills of each sport. Each class will end with a high-energy game of the sport played that day.

**Special Note:** This is a 90-minute class on Early Release days, 12:25 - 1:55 pm

**Enrollment:** Min 10/Max 30

**Dates:** Jan 6, Feb 3, Mar 3

**Cost:** \$20 each session (no Early Bird price)

**Deadline:** You may enroll up until the Sunday before each Wednesday session. (Online registration for Early Release classes will remain open after general registration closes.)

# HPTA Extracurricular Program Information

## Winter Session 2010

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### Hopkins School (Grades 4 and 5)

#### Hopkins School Extracurricular Coordinators

Martha Huebner 508-435-5776 [huebner\\_1@verizon.net](mailto:huebner_1@verizon.net)

Jenn White 508-435-4242 [j45white@msn.com](mailto:j45white@msn.com)

**BUS NOTES:** Parents must send a bus note to the Hopkins School Office at the beginning of the session authorizing their child's participation in the class. From that point forward, a note must be sent only if a class will be missed.

**TIME:** 3:10-4:10 pm (for most classes, see below for exceptions)



#### Monday Class:

##### Dodgeball - F.A.S.T. Athletics Instructors

This program teaches proper throwing techniques and strategy development. Become the ultimate dodgeball player! Different dodgeball tournaments will be played throughout the duration of the program. Each participant will receive a F.A.S.T. Athletics water bottle at the end of the session.

**Enrollment:** 10 Min/30 Max

**Dates:** 1/11, 1/25, 2/1, 2/8, 2/22, 3/1, 3/8, 3/15 (snow date 3/22)

**Location:** Field/Gym

**Cost:** \$100 for HPTA members during Early Bird only (\$115 after Early Bird)

#### Tuesday Classes:

##### Drawing and Painting - Christine Van, Instructor

This class includes drawing and painting. Be inspired by famous artists! Create your own masterpiece! Venture into a multi-medium hands-on class for art experience. This program is centered on each child's creativity and individuality. Price includes all materials.

**Enrollment:** 5 Min/12 Max

**Dates:** 1/12, 1/19, 1/26, 2/2, 2/9, 2/23, 3/2, 3/9 (snow date 3/16)

**Location:** Small Conference Room

**Cost:** \$140 for HPTA members during Early Bird only (\$155 after Early Bird)

##### Robotics - Ed Harrow, Instructor

Did you ever want to build your own robot? In this class you can not only create your own robot, but also program it to navigate a maze. You'll work with gears, wheels, levers, motors, sensors, timers, and microcontrollers, all while learning a lot about electric motor operation. We'll combine learning with doing and with fun! Robot kits and batteries are included in the tuition cost.

**Special Note:** This class starts on 1/13 and runs for **5 weeks**. Each class will last 90 min., ending at **4:40pm**.

**Enrollment:** 6 Min/10 Max

**Dates:** 1/12, 1/19, 1/26, 2/2, 2/9

**Location:** Large Conference Room

**Cost:** \$150 for HPTA members during Early Bird only (\$165 after Early Bird)

##### Jewelry-Making - Angela Cunniff, Instructor

Learn some basic jewelry making techniques like how to make plain loops for pierced earrings, how to crimp the ends of a necklace or bracelet and more. Create your own custom jewelry or make gifts for friends and family. All materials supplied.

**Enrollment:** 5 Min/10 Max

**Dates:** 1/12, 1/19, 1/26, 2/2, 2/9, 2/23, 3/2, 3/9 (snow date 3/16)

**Location:** Cafeteria

**Cost:** \$120 for HPTA members during Early Bird only (\$135 after Early Bird)

# HPTA Extracurricular Program Information

## Winter Session 2010

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### Hopkins School (continued)



#### Wednesday Classes:

##### Sports and News Broadcasting - Young Sportscasters of America Instructor

Students in this class will have the opportunity to learn from Jimmy Young, a veteran Boston-area sports broadcaster. They will be given instruction in and opportunities to write scripts and deliver them on camera, host their own “talk show”, and interview “stars” in the worlds of sports and entertainment. A wonderful introduction to the world of broadcasting!

**Special Note:** This class will run 90 min., ending at 4:40pm. It will not be held on Early Release days.

**Enrollment:** 10 Min/15 Max

**Dates:** 1/13, 1/20, 1/27, 2/10, 2/24, 3/10 (snow date 3/17)

**Location:** Cafeteria

**Cost:** \$165 for HPTA members during Early Bird only (\$180 after Early Bird)

##### Hip-Hop – Rebekah Zammuto, Patricia Brosnihan Dance Studio Instructor

This Recreational Dance Class is mainly a street style form of a jazz dance class. Hip-hop dance refers to social or choreographed dance styles primarily danced to hip-hop music or that have evolved as part of hip-hop culture. This includes a wide range of styles notably breaking, locking, and popping which were developed in the 1970s by Black and Latino Americans. Students in this class will be introduced to the basic techniques and movements of hip hop. Students should dress in clothing they can easily move in and a pair of sneakers.

**Special Note:** This class will not be held on Early Release days.

**Enrollment:** 12 Min/ 20 Max

**Dates:** 1/13, 1/20, 1/27, 2/10, 2/24, 3/10 (snow date 3/17)

**Location:** Gym

**Cost:** \$87 for HPTA members during Early Bird only (\$102 after Early Bird)

#### Thursday Classes:

##### Flag Football - F.A.S.T. Athletics Instructors

Learn game strategies, catching techniques, and, most importantly, how to work as a team. Games will include: Red Zone Defense, 4th and Inches, and QB Challenge. Class will end with a simulated 4th quarter game. Coaches will have tons of plays ready to go!

**Enrollment:** 10 Min/30 Max

**Dates:** 1/14, 1/21, 1/28, 2/4, 2/11, 2/25, 3/4, 3/11 (snow date 3/18)

**Location:** Field/Gym

**Cost:** \$100 for HPTA members during Early Bird only (\$115 after Early Bird)

#### Friday Classes (Friday classes will run from 3:20 -4:20pm):

##### Basketball - Deanna Law and Nili Bartley, Instructors

Come play basketball with Ms. Law and Ms. Bartley on Friday afternoons. Games will be fun and non-competitive.

**Enrollment:** 15 Min/25 Max

**Dates:** 1/15, 1/22, 1/29, 2/5, 2/12, 2/26, 3/5, 3/19

**Location:** Gym

**Cost:** \$65 for HPTA members during Early Bird only (\$80 after Early Bird)